

LINE DANCE

LINE DANCING

Dancing builds and promotes cardiovascular health through physical workouts of varying intensity. Line dancing provides a foundation for dance experience that will enable you to have balance, rhythm, timing, and better posture.

Day: Mondays
 Date: Session I: August 30 - September 27
 Session II: October 4 - October 25
 Session III: November 1 - November 22
 Session IV: November 29 - December 20
 Time: 6:30 p.m. - 7:30 p.m. Beginner
 7:30 p.m. - 8:30 p.m. Intermediate
 Fee: \$25 per person (first session \$21 per person)
 Age: Adult
 Location: Kiwanis Center

***No class September 6 & 20!**

MINI - LINE DANCE WORKSHOP

These workshops are for participants who feel they need additional help in mastering the steps.

Day: Saturdays
 Date: September 18, October 2, November 20
 Time: 1:30 p.m. - 6:00 p.m.
 Fee: \$5 per person
 Age: Adult
 Location: Kiwanis Center



LUNCHTIME LINE DANCE

Join us for a fun and energetic way to exercise and learn how to line dance as well. You will learn the basic steps that can be incorporated into the songs of yesteryear and the latest hits of today!

NO PARTNER NEEDED!

Day: Tuesdays
 Date: Session I: August 31 - September 28
 Session II: October 5 - October 26
 Session III: November 2 - November 23
 Session IV: November 30 - December 21
 Time: 11:30 a.m. - 12:30 p.m.
 Fee: \$25 per person
 Age: Adult
 Location: Kiwanis Center

***No class September 7!**



DANCE PARTY

For participants who are ready to practice the dances you have mastered in a social setting.

September 17
 October 15
 November 19
 December 17
 7:00 p.m. - 11:00 p.m.
 \$10 per person
 Adult
 Kiwanis Center



* Instructions will be given the first hour and the dance will immediately follow.

For more information call 770.487.3730 or the number listed below. Registration required one week prior to each class. Dance participants only allowed in the classroom.

OCEANAIRE SEAFOOD ROOM

As sleek as a 1930s ocean liner, yet as relaxed as a dinner on the shore, the Oceanaire provides the perfect setting to enjoy ultra-fresh seafood.



Monday, December 6
 10:30 a.m. - 2:00 p.m.
 \$10 per person + cost of meal
 Adult
 Atlanta

